

Aboriginal Mental Health First Aid (AMHFA) Training



phn
MURRAY

An Australian Government Initiative



This two day course teaches first aid skills for assisting community members with the following mental illnesses and mental health crisis situations, such as depression, anxiety disorders, psychosis, substance use disorders, suicidal thinking and behaviour, panic attacks and people who are psychotic and appear threatening.

The course provides information on social and emotional wellbeing, loss and grief and mental health issues in Aboriginal and Torres Strait Islander communities.

This is not a cultural awareness course and is suitable for community members, Aboriginal health workers and frontline staff.

Kerang

Thursday 21 July to Friday 22 July 2016

9.00am - 4.00pm

Morning tea, lunch and afternoon tea provided.

Northern District Community Health Service,
24 Fitzroy Street, Kerang

*Delivered by AJ Williams-Tchen, Director,
Girraway Ganyi Consultancy*

RSVP by Monday 18 July 2016 via email

cvevents@murrayphn.org.au

or online at murrayphn.org.au/events

**include any dietary requirements*