

Mental Health Professionals' Network  
**Shepparton Network Meeting**

## Basic Psychopharmacology for Mental Health Practitioners

Dear Colleagues,

You are invited to the next Shepparton network meeting. Feel free to share this invitation with your colleagues who may wish to attend.

**Please email your acceptance or apology for this meeting to Sarah Moore [s.moore@mhpn.org.au](mailto:s.moore@mhpn.org.au).**

**Coordinator:** Emma Knapp & Sally Thomas

**Guest Speaker:** Dr Raju Lakshmana, Psychiatrist

Dr Raju Lakshmana is a general adult psychiatrist who has worked in a broad range of clinical settings (public and private). He is a Senior Lecturer in Psychiatry with Rural Health Academic Centre and Senior Fellow with the Department of Psychiatry at the University of Melbourne. He has public appointment as an Additional Director of Psychiatry with Goulburn Valley Health, Shepparton where he runs a telehealth clinic for their perinatal program and has set up novel models of mental health care in that Region.

**Topic:** Basic Psychopharmacology for Mental Health Practitioners

**Learning outcomes:**

1. Overview of MH diagnostic categories
2. Overview of psychopharmacological options
3. Specific knowledge of commonly used antidepressant/ antianxiety medications
4. Knowledge of how to access resources to educate self with regard to psychopharmacological agents

**Date:** Tuesday, 9 August 2016

**Time:** 6:00 pm registration 6:30pm – 8:30pm meeting

**Venue:** Rural Health Academic Centre  
49 Graham Street  
Shepparton

**Catering:** *Dinner provided*

This meeting is supported by GV Health & Murray PHN