

## Profile of a risky drinker.... putting alcohol use on the consultation agenda. *An early screening & brief intervention approach.*

**Date:** Tuesday 1 May 2018 Part A  
Tuesday 8 May 2018 Part B

**Time:** 6.30pm – 7.30pm

**Location:** Webinar  
[Register your interest here](#)

**Presenter/s:** Joe Fishburn/ Mental Health Nurse – AOD/Dual Diagnosis/Addiction Medicine

### Overview

Meet Cheryl. She is 51, works as a senior executive at a local regional health service and well known to you. She is extremely busy, works late hours and is feeling quite stressed. When Cheryl gets home she and her husband Brad, open a bottle of red, and enjoy a large glass whilst they prepare their meal. During dinner, another two glasses are consumed and whilst relaxing briefly before bed, Cheryl often drinks a 4<sup>th</sup> glass “to help me sleep”.

This workshop has been tailored for busy general practice clinicians to implement opportunistic questioning, screening and brief interventions for patients such as Cheryl, who engage in at risk drinking. The workshop will offer clinicians strategies to meaningfully engage patients in discussion about their drinking during a routine consultation and offer solutions to incorporate brief interventions.

### Learning outcomes

On completion of this workshop participants should be able to:

1. Identify signs and symptoms that may indicate a patient’s presenting issue is linked to their risky drinking behaviour
2. Demonstrate an understanding of the importance of screening and brief interventions
3. Identify when and how to implement an alcohol screening tool, and how to interpret the results
4. Demonstrate strategies for brief intervention

### Joe Fishburn

Joe is a registered and credentialed Mental Health Nurse with experience in both tertiary and primary mental healthcare. Joe has worked in dual diagnosis, addiction treatment and

counselling, and has managed a number of programs. Currently Joe is the clinical lead for the Mental Health Integrated Complex Care Program for the City of Port Phillip through 'First Step', a not for profit mental health and addiction treatment clinic located in St Kilda. Joe has extensive education and training experience. He has developed training for the Australian Practice Nurse Association (APNA) including workshops in psychiatric assessment, risk assessment and management and addiction. Joe has also developed education on critical incident management, mental health and addiction service access, and policy development for organisations such as the AFL Player's Association and the Victorian Automotive Chamber of Commerce.



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**RSVP by Monday 30 April 2018**