

Addressing Eating Disorders in Primary Care

SHEPPARTON

WHEN Wednesday 20 March 2019
6.30pm dinner & registration
7.00pm-9.00pm workshop

VENUE Parklake Hotel
481 Wyndham St, Shepparton 3630

REGISTER <http://bit.ly/phnSHEPPARTON>

COST FREE – registrations essential

GUEST SPEAKERS NEDC are delighted to host senior clinician **Dr Sarah Trobe**, from the **Victorian Centre of Excellence in Eating Disorders (CEED)**. Dr Sarah Trobe is a registered Clinical Psychologist with extensive experience and clinical expertise in eating disorders.

LEARNING OBJECTIVES

- Recognise and respond to the myths, prevalence, risk factors, comorbidities, and warning signs of eating disorders
- Apply practical evidence based strategies in the prevention, early identification, assessment and management of eating disorders
- Explain essential elements of care and recovery, and implement multidisciplinary strategies to improve client health outcomes
- Identify evidence-based eating disorders resources, referral pathways and specialised support services

This activity is supported by funding from Murray PHN through the Australian Government's PHN Program.

Eating disorders affect approximately 9% of Australians; have one of the highest mortality rates of any mental illness; and require a multidisciplinary approach.

When armed with the right information, screening and referral tools, GPs, psychologists, dietitians and primary health care professionals play an important role in early identification and supporting recovery.

The National Eating Disorders Collaboration (NEDC) and Murray PHN invite *all* medical and health professionals working in the Murray PHN region to a FREE introductory education evening covering:

- ✓ screening and assessment
- ✓ management and treatment
- ✓ recovery and essential elements of care
- ✓ supporting patient and carers
- ✓ referral pathways and support services

ENQUIRIES

NEDC: Bronwyn Scott P: 02 8456 3942
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Murray PHN: Emma Knapp P: 03 5858 8103
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NEDC is funded by the Australian Government Department of Health with a primary purpose to make evidence-based information more accessible in order to improve the prevention, early intervention and management of eating disorders in Australia.

Go to Murray PHN's website for additional workshops in:
Bendigo: Tuesday 19 March
Mildura: *Wednesday 20 March via live link*
Albury: Thursday 21 March