

## Appendix 10: The Model for Improvement Template

The Model for Improvement is a tool for developing, testing and implementing change.

The Model consists of two parts that are of equal importance:

1. The **'thinking part'** consists of The 3 Fundamental Questions that are essential for guiding your improvement work.
2. The **'doing'/'testing'** part is made up of Plan, Do, Study, Act (PDSA) cycles that will help you test and implement change.

This guide will take you through the following steps:

**Step 1:** The 3 Fundamental Questions

**Step 2:** PDSA Cycle

### Step 1: The 3 Fundamental Questions

#### 1. What are we trying accomplish?

By answering this question, you will develop your **GOAL** for improvement

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#### 2. How will we know that a change is an improvement?

By answering this question, you will develop your **MEASURES** to track the achievement of your goal

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#### 3. What changes can we make that will lead to an improvement? - list your small steps/ideas

By answering this question, you will develop the **IDEAS** that you can test to achieve your goal

**Idea 1:**

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**Idea 2:**

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**Other Ideas:**

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## Step 2: Plan-Do-Study-Act cycle

You will have noted your IDEAS for testing when you answered the third fundamental question in Step 1.  
You will use this sheet to test an idea.

### Idea

Describe the idea you are testing: refer to the 3rd Fundamental Question

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PDSA cycle number: \_\_\_\_\_

### Plan

What exactly will you do? Include what, who, when, where, predictions & data to be collected.

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### Do

Was the plan executed? Document any unexpected events or problems.

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### Study

Record, analyse and reflect on the results.

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### Act

What will you take forward from this cycle? (What is your next step/PDSA cycle?)

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Repeat Step 2 for other ideas

## PDSA Cycle Planning Sheet

This is only the **'Plan'** part of your PDSA cycle, you will need to implement the plan before completing the 'Do', 'Study' & 'Act' parts.

Describe the idea you are testing: refer to the third fundamental question 'What changes can you make that will result in an improvement?'

**What** exactly will you do?

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**Who** will carry out the plan?

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**When** will it take place? (specify a date)

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**Where** will it take place? (please circle)

Health Service      Other

Other (please specify):

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**What** do you predict will happen?

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**What** data/information will you collect to know whether there is an improvement?

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