

# ANTENATAL AND MATERNITY RELATED CARE IN GENERAL PRACTICE

**Date:** Wednesday 23 October 2019  
**Time:** 6.00pm – 9.00pm | Registration 5.45pm (dinner included)  
**Location:** Mantra Albury Hotel, 524 Smollett St, Albury NSW  
**Presenters:** Dr Simon Craig, Obstetrician and Gynaecologist  
Dr Alison Green, GP/Obs  
Accompanied by Albury Wodonga Health, Dietitians, Perinatal Emotional Mental Health Service and Parent and Baby Service  
**Cost:** This event is provided at no cost by Murray PHN

## Overview

Provides general practitioners, midwives and other health professionals with an understanding of the maternity care schedule and processes that ensure women are provided with the best possible pregnancy journey.

## Learning outcomes

- List key screening requirements for first tests antenatal, ultrasound and first trimester screening
- Describe responses to decreased fetal movements, fetal growth and growth restriction and maternal sleeping position
- List healthy lifestyles with specific consideration to healthy weight during pregnancy and dietary requirements
- Outline what to look for and local services available to increase screening and awareness for perinatal mental health
- Describe the importance of preparing and supporting women to breastfeed during the antenatal and postnatal period.

*Royal Australian College of General Practitioners accreditation has been sought.*

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## RSVP by Friday 18 October 2019

<https://www.eventbrite.com.au/e/antenatal-and-maternity-related-care-in-general-practice-albury-tickets-72041733765>

Please email [nevents@murrayphn.org.au](mailto:nevents@murrayphn.org.au) if you have any questions about the event. If you find yourself unable to attend after you have registered, it would be appreciated that you cancel your registration via the Eventbrite platform. This assists organisers to better manage the event and maintains credibility of Murray PHN's CPD program.