



# SAFE STORYTELLING WORKSHOP

Murray PHN, in partnership with the Mental Health Coordinating Council are offering Safe Storytelling training to people who live in the Murray PHN region.

The Safe Storytelling workshop provides skills to community members and workers who use or would like to use their lived experience in service provision, engagement and consultation activities. It can also heighten managers and supervisors understanding of the background and basic tenets of safe storytelling.

The workshop will inform participants about purposeful, meaningful, safe and sustainable storytelling and offer people the chance to craft their own story.

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## Course content

- What is storytelling?
- Different methods we can use to tell stories and model our experiences
- What is purposeful storytelling and safe disclosure?
- What do we need to consider when telling our story?
- Crafting our own purposeful story

## Who is this for?

People in the Murray PHN region who are:

- Peer support workers
- Workers who use their lived experience as part of their service provision
- Managers or supervisors of workers with lived experience
- Community members who use their lived experience to help others

## Outcomes

- Understand what purposeful, meaningful and sustainable storytelling is
- Craft your own purposeful story with an understanding of safe disclosure
- Use your story safely and effectively when sharing lived experience

## Registration

Participants will complete an online module (approximately half a day) before joining a Zoom webinar with a trainer. Sessions are limited to 10 people. Please see dates below (these are all the same workshop, and you only need to register for one):

<b>Available dates and times:</b>	2 September	10.30am – 12.30pm   2.30pm – 4.30pm
	3 September	10.30am – 12.30pm   2.30pm – 4.30pm
	28 September	10.30am – 12.30pm   2.30pm – 4.30pm
	29 September	10.30am – 12.30pm   2.30pm – 4.30pm

Register via Eventbrite before 23 August, 2021: [bit.ly/3jrfzRH](https://bit.ly/3jrfzRH)



## For further information

Contact Sharlene Green, Murray PHN Psychosocial Systems Coordinator at [sgreen@murrayphn.org.au](mailto:sgreen@murrayphn.org.au)