



# Are you caring for someone who is dying?

Find how to care for yourself when caring for others



## CARER'S WELLBEING FORUM: CARING FOR YOURSELF WHEN CARING FOR SOMEONE WHO IS DYING

Come along to a free information session, discussion and morning tea to learn about carer support services.

### Topics:

- Caring for someone who is dying and yourself
- Services available for carers in the Goulburn Valley region

**When?** Thursday 27 October, 10.30am-12.00pm

**Where?** Goulburn Valley Hospice  
102 Balaclava Road, Shepparton

**Who?** Unpaid carers of people with life-limiting illnesses and community members living in Greater Shepparton

**Register:** Visit <https://bit.ly/3RDVEgw> or call Molly Stephens, FamilyCare, 0477 741 926

